

THE 1350-1360 LINK

SUMMER 2023

TENANT NEWSLETTER

Changes in the Building Management Team

Some important changes are taking place within the GWLRA team and building security. We welcome two new members in the role of Property Administrators.

Mr. Benjamin Faltot started with us on July 3rd and Mrs. Josée Lauzon, previously the building's Security Supervisor, made the leap to building management since July 17th.

Mr. Anouar Bilachi is taking over the Security Supervisor duties for the 1350-1360 René-Lévesque West.

What more, certain phone numbers will be changing. GWLRA members will soon have direct telephone numbers instead of extensions, as will the parking lot and loading dock. The building's management office reception number and the emergency line number will remain unchanged.

GWLRA office / reception: 514-807-1350
Emergency line: 514-807-3535
Parking: 514-989-1001
Loading dock: 514-989-1074

These changes and more will be updated in the tenant manual of the 1350-1360 René-Lévesque West by the end of August. The manual is available on the building's website (<http://www.1350rene-levesque.com/index.html>), under the Tenant & Services tab.

On an Environment Related Note

Watering bans and rainwater barrels

Whether as a precaution due to the decline in municipal drinking water supply levels or environmental awareness of drinking water waste, several cities in Quebec had implemented prohibitions or restrictions on the use of drinking water to water lawns, wash entrances and parking lots, or fill swimming pools at the beginning of the summer. Although most of them have lifted these restrictions, some of them, such as Shawinigan, Trois-Rivières or Nicolet, have adopted these measures permanently.

Quebec is the largest consumer of drinking water in Canada and demand only seems to be growing. Combine demand with heat waves and periods of drought and drinking water becomes scarce.

From mowing of the lawn and leaving it longer, to the diversification of flowerbeds, instead of traditional lawn, are suggestions of ways to reduce the need for watering. In addition, this year, several cities subsidized the purchase of rain barrels, whose water could be used to water gardens and vegetable gardens, but also to wash cars. A clear advantage of rain collection barrels is, of course, the saving of drinking water, but also, for regions that pay water

taxes, a monetary saving. There are still some disadvantages to consider. These include the number of barrels needed to meet certain water needs. In times of drought, it is difficult to fill these barrels. In addition, this water is not drinkable, but it can be used for watering. Depending on the shingles in your home, rooftop water collection could also be contaminated with chemicals. However, rainwater harvesting contributes to reducing the waste of drinking water.

At 1350-1360 René-Lévesque West, our use of drinking water is reduced through manual watering of potted vegetation.

Hydration

In addition to the many forest fires triggered this year as a result of drought and heat waves, man is also suffering from the effects of global warming that is sweeping the world.

Even in times of high humidity it is important to hydrate well. It is best to drink a few sips at regular intervals. Eight glasses of water are a myth. Sort of, at least. The amount of fluid needed varies from person to person, depending on several factors including the individual's level of activity and health. Some possible signs of dehydration are thirst, dry lips and mouth, skin redness, headache, dizziness and fainting, dark yellow urine with a strong odor, low blood pressure and increased heart rate.

Other News

Bees Be Gone

The beehives have disappeared from the outdoor terrace on the ground floor, leaving you more room.

Indeed, although other owners continue to participate in the urban beekeeping program, according to a decision of the corporate management, GWLRA will no longer participate since studies support that honeybees, in an urban context, such as that of downtown Montreal, compete for resources against wild pollinator insects.



Escort service to the building's parking lot

The building offers an escort service to your car in the underground parking lot, for employees at the 1350-1360 René-Lévesque West, outside of business hours. You may call to request it from security, but please allow a possible 15-minute delay.