

# THE LINK 1350-1360

FALL 2024

TENANT NEWSLETTER

## Environment

### Water Management Program

Water, this precious resource that allows us to live, is reaching critical levels and aberrant qualities in several corners of the world. It needs to be protected. 1350-1360 René-Lévesque west has a water management program. It is made up of two components: consumption and maintenance.



#### Maintenance

##### Quality tests

- are carried out every 2 weeks and monthly by an external firm, specialized in closed circuit water connected to the building's HVAC, to ensure that government standards are met.
- are performed annually by an external firm specializing in domestic water to ensure that government standards are met.

##### A program

- of maintenance of water towers, boilers and chillers is in place to ensure that the equipment is in good condition, without corrosion or contaminants.
- of management and addition of chemicals required to maintain water quality in the closed HVAC network (water hardness, presence of contaminants, water level, etc.) is in place. Tests are performed daily by our internal team to determine if adjustments are required.

All tests and results are recorded and retained, as required by government standards.

#### Consumption

- Monitoring of leaks to limit water losses.
- Monitoring and recording of data related to water consumption.
- Disclosure to a third party of the data collected on the Energy Star Portfolio Manager (ESPM) portal.
- The installation of reduced flow faucets and valves, aerators and flow regulators on sinks, toilets and urinals.
- Changing user habits.
- A landscaping contract with little irrigation or eco-responsible irrigation principles.

Since 2023, we now have charges for water consumption above the threshold authorized by the city for our type of building. It is therefore important to ensure that we communicate to our tenants and suppliers' good practices in terms of behavior related to the use of water.

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## Around the block

### Memorial day



Every year on November 11, Canada celebrates Remembrance Day and Veterans Week (November 5 to 11). Originally, November 11 was dedicated to the memory of the soldiers who died during the First World War as well as to the political and military events which led the coalition to victory during this war. Today, this day also includes all other armed conflicts. This is an opportunity for Canadians to pay tribute and show appreciation to those who have served their country

The Royal Canadian Legion has established a poppy protocol to guide Canadians on the appropriate and respectful way of wearing the poppy. The poppy is worn on the left lapel and near the heart to honor the sacrifice of soldiers in times of conflict. They were first made by disabled veterans. Proceeds from sales are used to meet the needs of veterans. <https://www.legion.ca/remembrance/the-poppy/how-to-wear-a-poppy>

A ceremony will take place at Place du Canada on November 11 at 10:40 a.m. ending with the traditional 21 cannon blasts marking the end of the First World War.

## Well-being impact

Have you noticed that our bathrooms are now equipped with touchless sanitary containers? This inclusive initiative enables the elimination of hygienic waste and the prevention of exposure to infections and cross-contamination. We have also installed Aunt Flow menstrual product dispensers in all of our restrooms. Not only are the products offered free and made from 100% organic materials, but the program also contributes to the fight against menstrual poverty, by giving back to organizations helping women in difficulty, sanitary products for every 10 products consumed in our machines.



### Pause your screen

On November 17, get off your screen! The PAUSE organization invites young people to take a step back and see the place that hyperconnectivity and cyber dependence take in their lives. Encourage your young people to participate in the 24h PAUSE. A family disconnection experience, the 24-hour family PAUSE, will take place next May. You will find all the information on the types of challenges, the reflections to make as well as the details of the contest on the site: <https://pauseyourscreen.com/>

# Reminder

## Good toilet etiquette

A message from your housekeeping attendants and building maintenance technicians.

- Only hygienic paper (toilet paper) goes into the bowl. All other waste, such as chewing gum, hygiene products, food, paper towels, to name a few, goes in the trash or recycling.
- Tampons and sanitary napkins go into the sanitary waste container, but toilet paper does not go into the sanitary container.
- Please leave the space clean for the benefit of the next person.
- Only put hand paper in the container under the paper dispenser, no waste or recycling, because its contents are composted.
- If there is a blocked toilet, a lack of supplies or you notice that equipment is not working properly or is broken, inform your company management so that a call can be placed to our technical or janitorial service to remedy the situation.



## A look back

### Collection for the benefit of the SPCA.



Thank you to everyone who participated in the collection for the benefit for animals collected by the SPCA. Your generosity was

appreciated. We handed out 40 bags of food, 1 box of treats, 3 boxes of bedding, 1 box of various toys, 1 box of hygiene and walking accessories. We also gave a note, which warmed the hearts of the employees and volunteers who received it, from a

person who had adopted from the SPCA a few years ago.

### Collection for the benefit of our program **Playing it forward.**



Thank you to everyone who participated in the sports clothing and equipment drive. Your generosity allowed us to donate 2 boxes fully filled with equipment which will be distributed to children from low-income families, and which will allow them to play sports.