



Newsletter

E-Commerce Place
1350 & 1360, René-Lévesque Blvd. West

Volume 1II, Issue 1

SPRING 2009 EDITION

Special point of interest :

DÉFI CANDEREL

INSIDE THIS ISSUE:

Calendar of past and upcoming events and activities 2-3

A welcome innovation hopefully coming our way soon 3

Cell phone etiquette 3

Fair Trade Coffee 4

Earth Day 4

Share your story with us 5

Editorial 5

Tenant Loving Care



Every first Friday in May, for the past twenty years, more than one hundred teams of five runners, representing various companies throughout the city, have gathered to help raise much-needed funds for **Cancer Research**. This is the *Défi Corporatif Canderel*.

- A wild, fun-filled run through the streets of downtown Montreal
- The city's most exciting, entertaining and important corporate fundraiser
- Almost 6 million dollars raised so far, for the *Goodman Cancer Centre* at McGill University and the *Institut du cancer de Montréal* at l'Université de Montréal
- Participating companies increase their exposure, build company spirit, and establish themselves as excellent 'corporate citizens'
- Great prizes for raising pledges, as well as Early Bird registration prizes!

**We hope that you will join us in our support of cancer research.
It will be a great time, for a great cause.**

www.deficanderel.com • 514-842-8636

Friday May 1st, 2009



 **McGill**

Université 
de Montréal

Canadian Cancer Society  Société canadienne du cancer

CALENDAR OF PAST AND UPCOMING EVENTS AND ACTIVITIES

FEBRUARY 12th : THE 2009 STAIR CLIMBING CHALLENGE

Thanks to the sustained efforts of 551 CGI employees, the **Oxygen Corporate Health Program** proudly made a \$ 10 000 donation to the Sainte-Justine Hospital Foundation.

This 6th edition of the Challenge broke all records by allowing the men's team an impressive 18 climbs of the 25 floors of the building and the women's team an equally impressive 16 climbs.

Designed to promote physical activity in the workplace, this unique event was a resounding success.

The E-Commerce Place management team would like to congratulate the 2009 Stair Climbing Challenge organizers and participants.



FEBRUARY 12th & 13th: GOURMET CHOCOLATE SALE

On February 12 and 13, we were pleased to introduce a gourmet chocolate sale for our tenants by **Chocolats DouceSoeur**, a socially and environmentally conscious local chocolate factory.

The sweet news is that a substantial amount of the sales went to the Multiple Sclerosis Society, a cause that has been personally

embraced by one of Canderel's own top provincial fundraisers in the annual MS Rona Bike Tour, an inspirational example for all of us.

You will probably see more of **Chocolats DouceSoeur** around Easter time, given the positive response and tenant appreciation for this event.





On the 7th and 9th of April, we have planned a special activity for all of our tenants to celebrate an old Quebec tradition.

APRIL 7th & 9th: SUGARING-OFF TIME

A mobile sugar shack will enable our tenants to indulge in various maple syrup treats, including taffy on snow right here, in the Atrium of E-Commerce Place.

Music will be provided by a violinist who will enliven

the atmosphere with folkloric songs, perfect for the sugaring-off time.

Finally, a maple sugar product sale will also take place for our tenants who want to bring home a tasty treat to share with the family.

A WELCOME INNOVATION HOPEFULLY COMING OUR WAY SOON

In British Columbia, they have introduced the Ignition Interlock Program which prevents a would-be driver from starting or driving a vehicle if they've been drinking.

The system is also in use in Ontario, Prince Edward Island and Alberta. Some jurisdictions in North America report a 90% decrease in repeat drunk driving offences.

In BC, these devices, which monitor alcohol content through breath samples, will be installed in every vehicle owned or operated by a convicted drunk driver.

HOW IS YOUR CELL-ETIQUETTE?

There is no question that the cell phone is one of the most significant advancements in communication. Unfortunately, technological progress can lead to change in social behavior, sometimes not always for the best!

At one point, it was important to establish contact with your peers, co-workers and friends face to face. These days it seems

we are obligated to occasionally overhear intimate and at times bizarre details that take place in other people's lives.

In the Outaouais region, a bus rider can be fined for loud disruptive use of a cell phone. Perhaps fines should be levied for use in a restaurant, at the movies and any other place where usage may be a nuisance to others.

When using your cell phone, be mindful of others who may not want to hear your conversation.



YES, WE'RE ALL VERY INTERESTED IN WHAT YOU'RE HAVING FOR DINNER TONIGHT.

(Please keep phone conversations to yourself)





BREWING ETHICS - FAIR TRADE COFFEE

By choosing to drink fair trade coffee, the consumer is not only assured of a carefully chosen, quality bean but that agricultural workers in the coffee industry are paid a fair price for their goods.

Coffee Depot is part of the Association canadienne des pratiques commercia-

les équitables. This non profit association acts as a medium between consumers and coffee farmers.

For every pound of coffee sold, 10 cents are given to the association who, in turn, reinvests the money into humanitarian projects to fight poverty.



Wednesday, April 22nd
is **EARTH DAY 2009**



W A T E R O J V Q S S
 H J S A D J E E R F V
 A W O R L D C L E A N
 B L I T T E R C U H K
 I S L H S C U Y S O Y
 T E R O N U O C E M C
 A N I M A L S E L E L
 T E V R E S E R P K E
 J R I A C A R E O H U
 L G C Y O X Y G E N F
 N Y P S T N A L P M N

AIR
 ANIMALS
 CARE
 CLEAN
 EARTH
 ENERGY
 FUEL
 HABITAT
 HOME
 LITTER
 OCEANS
 OXYGEN
 PEOPLE
 PLANTS
 PRESERVE
 RECYCLE
 RESOURCE
 REUSE
 SOIL
 WATER
 WORLD

**Earth Day
 Every Day**





E-Commerce Place
 1360, René-Lévesque Blvd W
 Suite 210,
 Montreal, Quebec
 H3G 2W4

Phone: (514) 807-1350

Fax: (514) 807-4400

E-mail:

dgilbert@canderel.com

psenecal@canderel.com

www.canderel.com



Dominic Gilbert
 Property Manager

Tenant Loving Care



DO YOU HAVE A STORY YOU WOULD LIKE TO SHARE?

Our newsletter is designed to provide brief and informative “news” on topics which our tenants will find interesting.

How about sharing some information about yourself for the benefit of your

fellow occupants? Did your company achieve a milestone? Has your firm set goals for charitable causes or the environment?

We would be pleased to share worthwhile infor-

mation by adding your brief “story” to our next newsletter.

Simply send it to: info@canderel.com.

EDITORIAL

The current economic situation makes it difficult for us to anticipate what can happen during the next 12 months. However, the management team at E-Commerce Place began 2009 at top speed.

Always wanting to offer the best service possible to our tenants and go beyond the call of duty, several new contracts were awarded in early 2009.

The contract for the technical maintenance of the complex was awarded to OPSIS on February 1, 2009. Two new employees, Carole Paulhus and Yves Kochenburger, have joined our veteran team

comprised of Daniel Laferrière, Yan Payette, Patrick McBrearty and Normand Vallée. This newly formed technical services team will ensure the preventive maintenance, energy efficiency and customer service levels you have grown accustomed to are not affected.

A new security contract was also awarded on March 1, 2009 to STRICT, a firm specializing in building complex security. This experienced firm will ensure that the level of service offered here at E-Commerce place is not compromised.

We are happy to inform

you that a new website for E-Commerce Place will soon be on-line. Reflecting our image, this new website will allow you to discover the services at your disposal as well as encourage you to participate in upcoming surveys that will help us better understand your needs as a tenant.

I am convinced that the next 3 quarters of 2009 will be just as interesting.

With winter almost over and spring just around the corner, the entire team at E-Commerce Place wishes you a fun and safe warm season to come.

See you soon!

